



CLIVEDEN

JANUARY 2024

**CLIVEDEN HOUSE ANNOUNCES UK'S FIRST SPA RESIDENCY  
WITH TRAILBLAZING SKIN EXPERT TERESA TARMEY**



**Berkshire, UK (January 2024)** - This month, luxury country house hotel and spa, Cliveden House will unveil a new spa residency with renowned skin expert and facialist, Teresa Tarmey, becoming the only spa in the UK to offer Teresa's pioneering treatments outside of her London clinic. Starting this month, guests visiting the award-winning Relais & Châteaux country estate will be able to enjoy a menu of results-driven facial treatments in the exclusive Cliveden Spa specially curated by Tarmey and her expert team.

Guests will be able to choose from 13 different signature and targeted facial treatments, including:

- **Signature Facial:** The signature TT facial is powered by cutting-edge skin biology, suitable for all skin types. The signature facial includes a double cleanse, bespoke lactic acid peel, extractions, cryo-ball sculpting, LED light therapy and a toning massage. From £145.
- **Advanced Facial:** One of Teresa's best-selling treatments for all skin types, which targets concerns such as pigmentation, rosacea and mild acne for all-round skin rejuvenation. From £289.
- **Advanced Acne Treatment:** A game-changing treatment for stubborn acne with incredible results, using cutting-edge technology that works with the skin's biology. From £350.
- **Fractional Radio Frequency:** An innovative, non-surgical resurfacing treatment that provides clients with youthful-looking skin with minimal downtime. From £480.
- **Microneedling Radio Frequency:** A non-surgical treatment to improve a variety of different skin concerns by immediately boosting the production of new collagen and elastin. From £600.
- **Rejuvenation Mega Boost:** An ultra-restorative treatment combining a light peel, IPL for pigmentation, laser for broken capillaries and Fractional Radio Frequency for gentle skin resurfacing. From £600.



## C L I V E D E N

- **HIFU (High Frequency Focused Ultrasound):** A revolutionary treatment which combines Radio Frequency and High Intensity Facial Electrical Stimulation Technology (HIFES) to tighten skin and tone facial muscles without needles. From £600.

With 26 years and over 50,000 hours of hands-on experience, Teresa Tarmey is one of the world's most sought-after skincare and laser experts, delivering results-oriented treatments to leave nourished skin with a rejuvenated glow. While famous for her 'red carpet' facials, Teresa also works with clients behind the scenes at her popular London clinic. Teresa's focus on skin rejuvenation has inspired her treatment hallmarks: laser and microneedling, with which she has become synonymous over the years. Teresa's passion for microneedling stemmed from her own experience with the treatment, using it to successfully manage her own acne. She now replicates those results for a wide range of clients' skin concerns, seeing exceptional improvements in fine lines, scarring and general skin condition.

A member of the Iconic Luxury Hotels' collection, Cliveden House is steeped in rich history and unparalleled luxury. The award-winning Cliveden Spa is set within a secluded walled garden, screened by mellow brick walls covered in scented roses. Alongside Teresa Tarmey's new facial treatments, guests will uncover an unrivalled sanctuary just 40 minutes from London, home to seven treatment rooms offering spoiling body treatments and massages; indoor and outdoor swimming pools; a range of heat therapies from steam rooms to infrared saunas; three tennis courts; and state-of-the-art fitness facilities.

*"We are delighted to welcome Teresa to Cliveden House for this exclusive residency and to become the only property in the UK to offer Teresa Tarmey treatments outside of her London clinic," says Kerry Hudson, Spa Director for Iconic Luxury Hotels. "At Cliveden House we pride ourselves on offering our guests a truly innovative and unique wellbeing experience, and Teresa's results-driven approach to skin therapy is the perfect complement to our offering."*

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**[www.clivedenhouse.co.uk](http://www.clivedenhouse.co.uk)**

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**Notes to Editors:**

**About Cliveden House**

Cliveden House is a five-star luxury hotel; the building is owned by the National Trust and operated under a long lease arrangement by Iconic Luxury Hotels. Less than 45 minutes west of London and 20 minutes from London Heathrow Airport, the hotel has 47 spacious rooms and suites in the main mansion plus Spring Cottage, a summerhouse on the banks of the River Thames, together with a boathouse and boats, luxurious spa and a range of sporting and leisure facilities. The Cliveden Dining Room is complemented by the relaxed informality of The Astor Grill, together with a range of private dining, banqueting, and meeting facilities. A member of Relais & Châteaux, Cliveden is unique, the setting, architecture and interiors all speak eloquently of extraordinary extravagance and remarkable refinement. There is a palpable sense of history for this is a house that for well over 350 years has been dedicated to the pursuit of pleasure, power, and politics.

**About Iconic Luxury Hotels**

Iconic Luxury Hotels was founded in December 2016 and is part of L+R Hotels ([landrhotels.com](http://landrhotels.com)) - a highly motivated family-owned global hotel investment and management company - who have an extensive portfolio of over 105 hotels, with approximately 21,000 bedrooms. Iconic Luxury Hotels is an expanding collection with an international focus. The collection is comprised of an eclectic array of properties each of which celebrates distinct architecture, cultural heritage, and natural surroundings.

Each property has its own character, traditions, and stories but they share a common commitment to delivering outstanding experiences. The current portfolio includes some of the world's most famous hotels from Cliveden House, one of England's finest country estates, to the Hotel Excelsior in Italy which is the home of the Venice International Film Festival. The other UK hotels are comprised of Chewton Glen, an English estate on the South Coast; The Lygon Arms, a 14th Century Coaching Inn in the Cotswolds; 11 Cadogan Gardens in Chelsea, one of London's most prestigious residential neighbourhoods; The Mayfair Townhouse which sits in the heart of the exclusive Mayfair district; and the newest addition to the group, The Chelsea Townhouse which opened its doors in September 2023 just over the road from 11 Cadogan Gardens.